



# FINISHER CERTIFICATE

## Jeffrey Grabinski

successfully completed the

### Manteno Triathlon

### FINISH PLACE

Triathlon 9 of 176

Male  
40-44 3 of 15

### FINISH TIME

1:00:31.6

**SWIM:** 7:42.2

**T1:** 1:12.8

**BIKE:** 27:46.4

**T2:** 55.9

**RUN:** 22:54.1

July 27, 2019