



FINISHER CERTIFICATE

Team Spf 3

successfully completed the

Manteno Triathlon

FINISH PLACE

Duathlon Relays 4 of 4

Mixed
Co-ed Relay 4 of 4

FINISH TIME

1:55:35.2

RUN: 12:07.7

T1: 1:23.9

BIKE: 55:52.7

T2: 48.5

RUN: 45:22.4

July 28 2018